



## YOSEMITE YOGA BACKPACKING – IMPORTANT TRIP INFORMATION

### Directions to Porcupine Flat Campground

- From the Bay Area, travel East on I-580 towards Tracy and Stockton.
- Take I-580 to I-205 East near Tracy and follow it to Highway 120 East toward Yosemite. Look for signs for Yosemite National Park near the I-205 and CA120 junction.
- Follow 120 all the way to Yosemite National Park. Please note that approximately 30 miles past the town of Oakdale, at the town of Chinese Camp, Highway 120 splits into Highway 120 and Highway 108. To stay on Highway 120, you must turn right. If you go straight, you will be on Highway 108 and will end up in the town of Sonora. Just after passing through the Big Oak Flat entrance station, look for signs for the Hodgdon Meadows Campground. The campground will be on your left.
- Continue past Hodgdon Meadows for approximately 7 miles until you arrive at the Junction of Tioga Road (CA120 East) and the road to Yosemite Valley. Turn LEFT at this junction onto Tioga Road (Tioga Road is the same road as CA120 East). Continue on Tioga road for approx. 30-35 minutes. Porcupine Flat is located on the Left side (north) of the road.
- When you arrive at the campground, there will be a note at the ranger's kiosk letting you know what campground numbers are for Back to Earth. There will also be a sign posted on the information board near the entrance to the campground.

### Water

As we will be spending time at elevations near 7,000 feet, proper hydration is essential. Please start hydrating on the day before your trip. Drink at least 3-4 liters of water throughout the day. Continue drinking water when you arrive to camp and when you wake up on the first morning.

### Bears

We will be in bear country. We are required by law to pack all of our food and scented cosmetic products into bear-proof canisters. Therefore it is essential that you do not bring any more food or cosmetics than is listed on the equipment list and the confirmation materials (only bring trail snacks, we provide 3 meals each day). We will provide the canisters for you. At the campground on the first night, there will be bear lockers. **\*\*Please make sure to take all food out of your cars and backpacks (this includes gum in the glove box, mints on the console, etc.) and place it in the bear lockers at the campground.\*\***

### Contact Information

If for any reason you are delayed getting to the campground on the first night, please call the Back to Earth leader so that we are aware of your situation and can plan accordingly. If no one answers, please leave a message stating the time of your call, what happened, your location, and your plan of action. You will receive the appropriate phone numbers in an email prior to your trip.



## YOSEMITE YOGA BACKPACKING – IMPORTANT TRIP INFORMATION

### Directions to Hodgdon Meadows Campground

- From the Bay Area, travel East on I-580 towards Tracy and Stockton.
- Take I-580 to I-205 East near Tracy and follow it to Highway 120 East toward Yosemite. Look for signs for Yosemite National Park near the I-205 and CA120 junction.
- Follow 120 all the way to Yosemite National Park. Please note that approximately 30 miles past the town of Oakdale, at the town of Chinese Camp, Highway 120 splits into Highway 120 and Highway 108. To stay on Highway 120, you must turn right. If you go straight, you will be on Highway 108 and will end up in the town of Sonora.
- Just after passing through the Big Oak Flat entrance station, look for signs for the Hodgdon Meadows Campground. The campground will be on your left, and there may be a sign on the right or left side of the road. Turn left and drive a short distance to the Hodgdon Meadows campground. When you arrive at the campground, there will be a note at the ranger's kiosk letting you know what campground numbers are for Back to Earth. There will also be a sign posted on the information board near the entrance to the campground.

### Water

As we will be spending time at elevations near 7,000 feet, proper hydration is essential. Please start hydrating on the day before your trip. Drink at least 3-4 liters of water throughout the day. Continue drinking water when you arrive to camp and when you wake up on the first morning.

### Bears

We will be in bear country. We are required by law to pack all of our food and scented cosmetic products into bear-proof canisters. Therefore it is essential that you do not bring any more food or cosmetics than is listed on the equipment list and the confirmation materials (only bring trail snacks, we provide 3 meals each day). We will provide the canisters for you. At the campground on the first night, there will be bear lockers. **\*\*Please make sure to take all food out of your cars and backpacks (this includes gum in the glove box, mints on the console, etc.) and place it in the bear lockers at the campground.\*\***

### Contact Information

If for any reason you are delayed getting to the campground on the first night, please call the Back to Earth leader so that we are aware of your situation and can plan accordingly. If no one answers, please leave a message stating the time of your call, what happened, your location, and your plan of action. You will receive the appropriate phone numbers in an email prior to your trip.



## YOSEMITE YOGA BACKPACKING – IMPORTANT TRIP INFORMATION

### Directions to Crane Flat Campground

- From the Bay Area, travel East on I-580 towards Tracy and Stockton.
- Take I-580 to I-205 East near Tracy and follow it to Highway 120 East toward Yosemite. Look for signs for Yosemite National Park near the I-205 and CA120 junction.
- Follow 120 all the way to Yosemite National Park. Please note that approximately 30 miles past the town of Oakdale, at the town of Chinese Camp, Highway 120 splits into Highway 120 and Highway 108. To stay on Highway 120, you must turn right. If you go straight, you will be on Highway 108 and will end up in the town of Sonora.
- Follow 120 East through the Big Oak Flat entrance to Yosemite Park.
- Continue on 120 for approximately 8 miles until you reach the Crane Flat Campground on the right side of the road just before the fork in the road the goes to Tioga Road or to Yosemite Valley. If you get to the Crane Flat gas station, or the fork, then you just passed the campground.
- When you arrive at the campground, there will be a note at the ranger's kiosk letting you know what campground numbers are for Back to Earth. There will also be a sign posted on the information board near the entrance to the campground.

### Water

As we will be spending time at elevations near 7,000 feet, proper hydration is essential. Please start hydrating on the day before your trip. Drink at least 3-4 liters of water throughout the day. Continue drinking water when you arrive to camp and when you wake up on the first morning.

### Bears

We will be in bear country. We are required by law to pack all of our food and scented cosmetic products into bear-proof canisters. Therefore it is essential that you do not bring any more food or cosmetics than is listed on the equipment list and the confirmation materials (only bring trail snacks, we provide 3 meals each day). We will provide the canisters for you. At the campground on the first night, there will be bear lockers. **\*\*Please make sure to take all food out of your cars and backpacks (this includes gum in the glove box, mints on the console, etc.) and place it in the bear lockers at the campground.\*\***

### Contact Information

If for any reason you are delayed getting to the campground on the first night, please call the Back to Earth leader so that we are aware of your situation and can plan accordingly. If no one answers, please leave a message stating the time of your call, what happened, your location, and your plan of action. You will receive the appropriate phone numbers in an email prior to your trip.